HUMAN DEVELOPMENT: FROM INFANCY THROUGH ADOLESCENCE

INFANCY:
• Rapid growth. From reflex movement to movement with purpose.
• From rolling over to sitting to crawling to first steps.
• From using senses for learning to participating in rolling/throwing a ball.
• From coos and babbles to understanding very simple commands.
• From indiscriminate smiling to drawing away from strangers.
• Attachment bond with caretaker is developed.

TODDLER:
• From first steps to running, jumping and kicking. Bladder control achieved.
• From imitating the stacking of cubes to recognizing colors.
• Begins to feed self with spoon.
• From using two- or four-word sentences to enjoying simple songs.
• From imitation of adult behavior to playing alone (fantasy play).
• From almost total dependence to increasingly greater independence. Has temper tantrums.

EARLY CHILDHOOD:
• From basic toilet training to increased body awareness and exploration. More awareness of sexual differences.
• From knowing colors to identifying pennies, nickels and dimes. Begins to read and write.
• From four-word sentences to use of full sentences. Mastery over use of past tense words is achieved.
• Begins to model and identify with adults of the same sex.
• From very bossy and belligerent to wanting to please adults.

LATENCY:
• From putting together simple puzzles to good body control. Girls begin to develop breasts and pubic hair.
• From taking care of personal needs to increasing responsibility at home and in school. Increased ability to use logic.
• From first use of full sentences to well-developed language and communication skills.
• From self-centered behavior and unstable relationships to highly selective (best friend) relationships. Engaging in and enjoying competitive games.
• From being sensitive to feelings or others toward self, to becoming more independent dependable and trustworthy. Likes privacy.

ADOLESCENCE:
• Sudden and rapid physical and sexual development.
• Abstract thinking appears. May start planning for the future.
• Needs less family companionship and interaction.
• Usually has a gang of friends with less intense relationships.
• Conflicting feelings about dependence/independence.
• Worried about grades, appearance and popularity.
• May appear moody, angry, lonely, impulsive, self-centered, confused and stubborn.
• May develop strong interest in single, romantic relationships.